

Pill count log template

Example 1: Daily

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Expected number of pills							
Actual number of pills							

*Put a star next to the number of pills when counting occurred before the first dose of the new prescription was taken.

In the row "Expected number of pills" write in the number of pills that should remain in the prescription. In the row "Actual number of pills" write in the number of pills that you actually counted for that prescription on that day.

Example 2: Bi-weekly

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Expected number of pills							
Actual number of pills	X		X	X		X	X

*Put a star next to the number of pills when counting occurred before the first dose of the new prescription was taken.

Place an X in the days of the week that the pills won't be counted. Like Example 1, write in the expected number of pills in the prescription for all days of the week. This helps to reduce the likelihood of a mathematical error.

Example 3: Weekly

	Week 1 (Monday)	Week 2 (Monday)	Week 3 (Monday)	Week 4 (Monday)
Date				
Expected number of pills				
Actual number of pills				

*Put a star next to the number of pills when counting occurred before the first dose of the new prescription was taken.

To calculate the number of pills that will be taken each week:

$$\frac{\text{Frequency} \times \text{Numbers of Days}}{\text{Pills taken each week}}$$

Then subtract the number of pills taken each week from the expected number of pills.